Unhinged Recovery Est april 20, 2024 Mission Statement

Unhinged Recovery was founded to bring free addiction recovery support to anyone willing to seek it. Our facilitators are all peers in recovery themselves, and volunteer their time and lived experience to the members of our groups. We focus on giving our members the freedom to be themselves, in whatever stage of recovery they are in. We are an inclusive space that will not tolerate hate speech or prejudice. We require all of our members to respect the space created, and to remember we are all in this together.

'Growth Can Be Brutal' recognizes that coming out of active addiction is rarely easy. There are times where someone in recovery needs to express their true emotions. Unhinged Recovery offers that space, judgment free. It is a place to create real bonds, real friendships, and experience real emotion. We will offer unwavering support to all, no matter how 'unhinged' they may be.

While we will graciously accept donations, they will never be asked of anyone or required. We do not offer professional one on one support. We are all, simply, people in recovery helping each other one day at a time.

Jessica a Venema (Director/Program Lead)

& Unhinged Recovery Team