



UNHINGED RECOVERY

- No recording of meetings is permitted or endorsed by Unhinged Recovery on any device or by any means.
- This is a peer-led meeting. No counseling will be provided.
- Please remain muted unless you are sharing and please no cross talking.
- Be mindful if your share starts to get a little long; we want to give everyone the opportunity to speak!
- If you are currently intoxicated, we are glad you are here! Reach out to me or a cohost if you would like a more focused level of support after the meeting. While the meeting is open, please stay and listen!
- Be respectful and refrain from hate speech, insults, or provoking others. This includes public and private chats.
- Respect anonymity and share your experiences and recovery ONLY. If you are not ready to speak, the chat is available to share.
- No zooming and driving! Just listen with your camera off until you have parked.
- We do provide an attendance slip after the meeting.